

7 Mukhi Rudraksha is dedicated to the seven Matrikas, Surya, the Saptarishis, Mahesana (Kartikeya), Ananga (Kamadeva), Ananta (Basuki—the king of snakes), and the serpent king. According to public interest, above all, it is dedicated to the infinite infinite Parabrahma.

According to the Brahma Purana (which describes the origin of the universe), Lord Vishnu produced a lotus from the navel as desired by Shiva. This lotus was huge, with many stalks, well organized and beautiful. Its color was yellow like Kaner. Lord Shiva created Brahma (Hiranyagarbha) from his right side and placed it in the stem of a lotus. Hiranyagarbha appeared from this lotus. The four-faced Hiranyagarbha got curious to know about himself and started roaming in the lotus stalk. But even after hundreds of celestial years he could not find out the secret of his origin. Shivji himself advised him to meditate and after 12 divine years of penance, Vishnuji appeared before him. There was a dispute between these two, then Lord Shiva appeared in the form of Jyotirlinga and said, "You both have immense power and vast knowledge, but you cannot find the beginning or the end of the universe. So call it eternal."

This meaning of infinity is revealed on applying Saptamukhi Rudraksha that it is very useful and bestows the holder with many types of powers.

According to the Padmapurana, the following divine serpents reside in the seven faces of this Rudraksha: Ananta, Karkat, Pundarika, Takshak, Vashoshimban, Karoash and Shankhchud. It is concluded from this that its holder is not affected by any kind of poison. This helps in getting rid of sins like theft, adultery and drug abuse.

Its wearer gets hidden wealth, gets the power to attract the attention of the person of the opposite sex and destroys the enemies.

This Rudraksha being dedicated to Saptamatrika pleases Mahalakshmi. The seven divine mothers are: Brahmi, Maheshwari, Kaumari, Vaishnavi, Varahi, Indrani and Chamunda. Being blessed by many deities, this Rudraksha brings fame, wealth and progress in life and removes misfortune. The wearer gets the divine grace of Goddess Mahalakshmi.

According to Jabalopanishad, Saptamukhi Rudraksha is similar to Sapta Brahmi and Saptarshi (Saptarshi originated from Manas of Brahmaji). This Rudraksha bestows good health and wealth. There are seven sages of the Saptarishis: Marichi, Atri, Angira, Pulastya, Pulah, Ritu and Vashishtha. Each Manvantara (cycle of the world) has a different Saptarishi. He is also seen in the sky as the 'son of the stars' and is called the Saptarishi Lok. It is said that those pious people who do evening prayers daily and chant Gayatri go to Saptarshi Lok.

Saturn is the ruling planet of Saptamukhi Rudraksha. According to Matsya Purana, Shanischar is described as a man of black color in human form, who has a

punishment (for punishment) in one hand, Rudraksh's garland in the other hand. Veins are visible all over the body. He is ready to cure all the diseases of the applicant.

From experience, Seven Mukhi Rudraksha is very helpful in reducing the pain of arthritis. It is helpful in all kinds of nervous pains, venereal diseases (including sterility), heart diseases, throat diseases and leukemia.

Who should wear this?

People of all professions and occupations can wear Suptamukhi Rudraksha to get happiness and prosperity. It is better if Ashtamukhi (Ganesha) Rudraksha is also worn along with it, although Saptamukhi in itself is very effective. In some homes it is kept on the altar of worship or in a piggy bank.

People suffering from bone diseases and arthritis will find it very useful in the prevention of diseases and pains. For this benefit, if there are Nepali beads, at least five and if there are Indonesian beads, then 54+1 or 108+1 beads should be worn.

Mantras to be chanted with Saptamukhi Rudraksha are:

Om Hum Namah Om Hree Namah

Om Hree Shree Clean Hundred Namah

Seven Mukhi Rudraksha

Its ruling planet is Saturn. If there is a defect caused by the planet Saturn, a person suddenly gets disease, infertility, cold, obstruction in work, depression, delay in success, chronic disease, lack, anxiety, etc. without any reason. By using Saptamukhi Rudraksh, all the above Shani born defects are removed.

Method of wearing this Rudraksha

7 Mukhi Rudraksha Monday, Shivratri or any day of Shravan month is considered auspicious to wear. Mix milk, honey, curd, ghee and sugar in a copper bowl, now bathe the Rudraksh in this mixture, after bathing again with pure water and Ganga water, put it on a red cloth at the place of worship. Chant this mantra 501 by lighting a cow's ghee lamp. || Om Namah Shivay, or Om Hoon Namah ||.

Wear it around your neck while remembering Lord Shiva after chanting.